

CHEAT SHEET

STEPN Energy



ENERGY SYSTEM

Sneakers	Energy Cap	Move & Earn Time	Fitness Level
1	2	10 min	Newbie
3	4	20 min	Daily User
9	9	45 min	Savvied User
15	12	60 min	Pro User
30	20	100 min	Athlete

SNEAKER RARITY BOOST

Sneaker Quality	Energy Increase
Uncommon Sneaker	1 Energy
Rare Sneaker	2 Energy
Epic Sneaker	3 Energy
Legendary Sneaker	4 Energy

TEMPORARY ENERGY BRIDGE BOOST

Month in New Realm	Boost from Old Realms per Sneaker	Bridge Boost Cap
1st Month	1	3 Energy
2nd Month	1	2 Energy
3rd Month	1	1 Energy
4th Month	1	0 Energy

